

Lemon Blueberry Scones

Made by pyureorganic.com

Prep time: 5-10 minutes

Cook time: 18-22 minutes

Yields 8 scones

Ingredients:

Make the scones and the glaze separately.

Lemon Blueberry Scone Recipe Ingredients

- 2 cups almond flour
- 2/3 cup fresh or frozen blueberries
- 1/3 cup Pyure Organic Confectioners Stevia Sweetener
- 1/2 teaspoon baking powder
- 1/4 teaspoon sea salt

- 1 teaspoon pure vanilla extract
- 1/4 cup unsalted butter, melted
- 1 tablespoon fresh lemon zest
- 1 egg

Lemon Blueberry Scone Recipe Glaze Ingredients

- 1/4 cup Pyure Organic Confectioners Stevia Sweetener
- 1 tablespoon fresh-squeezed lemon juice
- 1-2 teaspoons of heavy whipping cream

Instructions:

Preheat oven to 350 degrees and line a cookie sheet with parchment paper. Prepare the scone dough first.

To Prepare the Dough

- 1. Mix almond flour, Pyure Organic Confectioners Stevia Sweetener, baking powder, and sea salt. Set aside.
- 2. In a second bowl, whisk egg, melted butter, fresh lemon zest, and pure vanilla extract.
- 3. Mix egg mixture into dry mixture with a large spoon until you have a softball of dough.
- 4. Fold fresh or frozen blueberries until evenly distributed in the dough.
- 5. Place your ball of dough onto the lined cookie sheet and gently press down until you form a flat disc. It should be 1-inch thick and approximately 6 inches wide.
- 6. Slice the disc into 8 even slices using a sharp knife or a pizza cutter.
- 7. Place cookie sheet in the oven and bake 18 to 22 minutes, until the scones are a light golden brown.
- 8. Set aside and allow scones to cool completely.

To Prepare the Glaze

- 1. Mix Pyure Organic Confectioners Stevia Sweetener with fresh lemon juice in a small bowl.
- 2. Add 1 teaspoon of heavy whipping cream and stir. Add an additional teaspoon until the glaze is thick enough.
- 3. Pour lightly over the top of the scones once they are completely cool.

Nutrition Facts

Serving Size: 1 scone

Servings: 8

Calories: 220