

Relationship Journal Prompts

Use the prompts below to strengthen the bonds between you and your partner.

1. What is the best thing your partner brings to your relationship?

2. Describe a time you were proud of your partner.

3. How has your relationship changed you for the better?

4. What do you most admire about your partner and why?

5. What can you improve in your relationship starting today?

6. How does your partner encourage you to be a better person?

